

# THE ZONEWS

March 2023  
Volume No 54, NO 1



GRL PWR

## WOMEN'S HISTORY MONTH

# ZONTA CLUB OF ST. CLOUD

Board of Directors- FY 2023

- **President:** Laurie Ann Oppel
- **Vice President:** Veronica Villeneuve
- **Treasurer:** Kati Blum
- **Recording Secretary:** Mary Nimmerfroh
- **Communications Secretary:** Rachel Thompson
- **Board Members- 2nd term**
  - Glenny Olufson
  - Mary Garding
- **Board Members - 1st Term**
  - Belinda Ryan
  - Mary Robak-Saari
- **Past President:** Joal Peitz

## NOTICE:

### CHRISTMAS HOUSE NEEDS HELP

CH NEEDS A HOUSE FOR THE 2023 CH

November 17 + 18

CONTACT DEB KELLERMAN: 218-689-4892

debrakellerman51@gmail.com

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# CALENDAR OF EVENTS



March 2 - Board Meeting

March 8 - International Women's Day, #Zonta Rose Day Every Rose Day/March, acknowledge and honor our members Also Commission on the Status of Women scheduled annually for March

March 9 - Business Meeting

March 20 - Stronger Together- Terebinth Refuge event

March 28- Trivia Night 6-8:30 minneapolis club

**March 29 - Tending for a Cause - Beaver Island**

April 6 - Board Meeting

April 13 - Business Meeting

**April 21 & 22, April 28 & 29—2 Area Meetings...One for Area 1 & 3, the other for Areas 2 & 4**

April 26 - Denim Day (A visible means to protest against the misconceptions of victim blaming and destructive myths that surround sexual violence)

**April 27 - Evening Speaker Meeting - Strategic Planning with Deb Kellerman + Tania Hughes @coyote moon**

April 29 - A Walk Together: Unite Against Sex Trafficking

May 4 - Board Meeting

**May 11 - Annual Meeting @coyote moon**

**June 12th - DANCING WITH OUR STARS**

June 30-July 2, 2023 - Zonta NAID (North American Inter-District) meeting in Indianapolis, IN!

Another great road trip opportunity!! If you cant get to the International Meetings, this is the next best thing!!!

**August 6th - KAYAKING FOR A KAUSE**

September 8-10th, 2023 - D7 meeting in St Cloud.

**SAVE THE DATE: ANNUAL MEETING IS MAY 11th AT COYOTE MOON!**



**MARCH 8th  
ZONTA ROSE DAY!**

**Zonta Rose Day, 8 March, is celebrated along with International Women's Day as a time to reflect and give tribute to the individuals who have empowered you or the women in your community.**



**ZONTA**

CLUB OF  
ST CLOUD

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

***NOMINATIONS FOR BOARD OF DIRECTORS  
June 1, 2023 – May 31, 2024***

**Treasurer – two years – vote for one**

- Lyndsey Stram

**Recording Secretary – two years – vote for one**

- Mary Garding

**Board – two years – vote for two**

- Kati Blum
- Glenny Olufson

**Nominations Committee – one year - vote for three**

- Debra Kellerman
- Joal Peitz
- Alicia Reif

Continuing President: Laurie Ann Oppel (2<sup>nd</sup> year of term)

Continuing Vice President: Veronica Villeneuve (2<sup>nd</sup> year of term)

Continuing Communications Secretary (ZoNews): Rachel Thompson (2<sup>nd</sup> year of term)

Continuing Board Members: Belinda Ryan & Mary Robak-Saari (2<sup>nd</sup> year of term)



## Zonta Board Meeting Minutes

2/2/23

Anna Marie's Alliance, St Cloud, MN and ZOOM

**Present:** Laurie Ann Oppel, Kati Blum, Mary Nimmerfroh, Veronica Villeneuve, Mary Robak-Saari, Belinda Ryan, Rachel Thompson, Joal Peitz, Glenn Olufson

**Absent:** Mary Garding

**Guests:** Susan Voeltz

The meeting was called to order by President Laurie Oppel at 12:02pm. The Pledge of Allegiance and Zonta Blessing followed the call to order. Pin Penalty was invoked. The agenda for today's meeting was presented for approval.

Belinda Ryan moved to approve the agenda; Veronica Villeneuve seconded the motion. Motion was approved.

### **Consent Agenda**

Board minutes for 1/5/2023

Treasurer's report for January 2023

Motion to approve was made by Rachel Thompson and seconded by Belinda Ryan. Motion *was approved*.

### **Business:**

Advocacy – Veronica Villeneuve discussed the upcoming “A Walk Together” which is scheduled for April 29<sup>th</sup>. A sponsorship donation of \$500 was approved.

April Speaker – our April Speaker meeting is scheduled for April 27<sup>th</sup>. And details are still in progress. The focus is on how the digital world is influencing children and recruiting children into trafficking. There was a discussion regarding specifics of the event.

Service Report – Mary Robak-Saari had nothing specific to report other than the February Social coming up. Gifts cards are on our recipient's wish lists so members are asked to bring gas cards to the social which will be split up amongst the recipients.

Valentine's social -- There was a long discussion regarding the proceeds from the silent auction and raffles funding. All proceeds will be donated to Women's fund dancing with the starts in Rachel Thompson's name. Deb Kellerman announced she would match all checks up to \$1000. Rachel Thompson explained the scoring process. The actual event is scheduled for 6/12/23 at St Ben's. There was a discussion about various ideas to promote this event and Rachel's participation.

Nominations Committee – The committee reviewed the openings on the Board and announced they are starting to contact members.

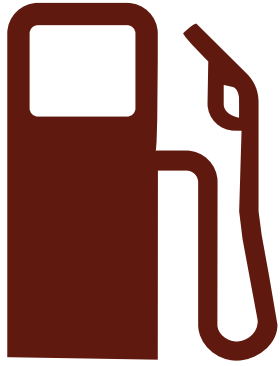
Annual Meeting – Discussion regarding date and location. No decision.

District 7 conference – Long discussion regarding possible venues for off-site activities.

**Adjournment** – Mary Robak-Saari made a motion to adjourn. Kati Blum seconded the motion. Meeting Adjourned at 1:07pm.

**Respectfully submitted,**

*Mary Nimmerfroh*  
Recording Secretary



## GAS CARD FUNDRAISER

**\$620 worth of gas cards were donated during the valentines day social and gas card drive. ANNA MARIE'S ALLIANCE, TEREBINTH REFUGE, CRISIS NURSERY**



Dear friends,  
We are once again overwhelmed by your generosity! We are in receipt of the wonderful gift cards for Kwik Trip and Holiday. If it weren't for donations such as yours, we would not be able to continue offering help to victims of sex trafficking. Many thanks!  
Blessings.  
Terebinth Refuge Staff  
& Residents

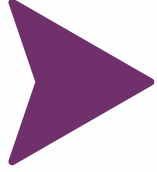


**THANK YOU FOR THE DONATIONS!**



**MONDAY  
JUNE 12, 2023**

**5:00-8:30PM  
COLLEGE OF ST. BENEDICT**



**DONATE TODAY DIRECTLY TO DANCING WITH OUR STARS  
ALL CLUB DONATIONS WILL BE MATCHED!**

**[www.zontastcloudmn.org/dancing](http://www.zontastcloudmn.org/dancing)**

## **VALENTINES DAY SOCIAL RECAP**

**\$620 in gift cards given!**

**\$1,100 raised between special event, walleye raffle, silent auction  
and the valentines day wine pull**

**WITH Deb Kellermans match, we raised \$2,200!!**

**Thank you to ALL who attended, donated, and supported!**

**THE NEXT FUNDRAISING EVENT FOR DANCING  
WITH OUR STARS IS: TENDING FOR A CAUSE  
AT BEAVER ISLAND BREWERY!**



**BEAVER ISLAND  
BREWING CO.  
TENDING FOR A CAUSE**

**MARCH 29, 2023 5-7pm**



# ZONTA GARAGE SALE

12-13  
MAY

Visit any time from  
8 AM to 5 PM MAY 12  
8-Noon May 13

at Deb Kellerman's house  
924 Oak Pond Court, Sartell MN 56377

IF YOU HAVE ITEMS, PLEASE BRING THEM MARKED  
FOR SALE BY THURSDAY, MAY 11



**ZONTA**  
CLUB OF  
ST CLOUD

ALL ARE ASKED TO WORK ONE SHIFT:  
EITHER FRIDAY AM OR PM OR SATURDAY AM  
EXTRA TABLES NEEDED!

# STRATEGIC

PLANNING  
SURROUNDING  
DISTRICT AND  
AWARDING  
SCHOLARSHIPS

**FEATURING**

**DEB KELLERMAN**  
**+ GOVERNOR TANIA HUGHES**



**ZONTA**  
CLUB OF  
ST CLOUD

**APRIL**  
**27th**

**@ COYOTE MOON**

480 55th Ave SE, St Cloud, MN 56304

**5:30-  
6pm**

**ARRIVALS**

**6pm**

**APPETIZER BUFFET**

**6:30  
pm**

**SPEAKERS**

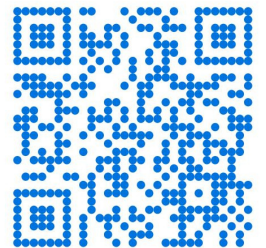
Strategic planning surrounding district and awarding scholarships with Area Director, Deb Kellerman, and Governor, Tania Hughes.

**COST: \$25**

Please RSVP to Veronica Villeneuve by April 21st. Checks to be made out to Zonta Club of St. Cloud.

Mail to: Zonta Club of St Cloud  
P.O. Box 7453  
St Cloud, MN 56302-7453

**TO PAY BY VENMO**





# AFFILIATE UPDATES

## FROM ANNA MARIE'S ALLIANCE

### Join the Women's Shelter Support Team

Do you want to make a difference in the life of women escaping domestic violence? Then become a member of the Women's Shelter Support team at Anna Marie's Alliance. The position of Women's Support Advocate answers and directs phone calls, staffs the front desk, and monitors the front door of the shelter for the women and children living at the shelter. This allows advocates more time to work with the women living in the shelter and those in the community experiencing domestic violence. Responsibilities include answering phones, staff front desk, monitoring the front door, and basic office support. Must pass a criminal background check, uneventful driving record, and have a valid MN driver's license and current auto insurance.

Time commitment includes 4 hours of training and a six-month commitment. Volunteers are asked to work a minimum of one 4-hour shift every other week.

Contact Casaundra Heinen, Manager of Volunteer Services at [CasaundraH@annamaries.org](mailto:CasaundraH@annamaries.org) or 320-251-7203, ext. 252.

Application available online at <https://www.annamaries.org>

## FROM TEREBINTH REFUGE

### Stronger Together

Monday, March 21, 2022

5:00 PM 7:00 PM

**Park Event Center 500 Division Street Waite Park, MN, 56387**

A special event for women and girls to come together for an evening of shopping fun! They will be hosting local vendors and hearing about the importance of community collaboration in the fight against sex-trafficking and exploitation.

The vendors at the event have graciously agreed to donate a percentage of their sales to support the mission of Terebinth Refuge.

This event is completely FREE, although registration is required.

<https://www.terebinthrefuge.org/events-calendar/stronger-together>

**ZONTA IS A SPONSOR OF THIS EVENT, PLEASE REGISTER AND JOIN IN THE WALK! \$30 registration before March 31st**

Several stylized butterfly silhouettes in various shades of teal and white are scattered around the main title.

# Walk TOGETHER

**Uniting Against Sex Trafficking**

**Saturday, April 29, 9am – 12 pm**

**Registration:** Location TBD, 8:30 am  
**More info:** [walktogethermn.org](http://walktogethermn.org)

**Proceeds benefit Central Minnesota Sexual Assault Center**

**Register Now!**

**Early bird registration per person:** \$30  
**Student registration option:** \$15/no t-shirt

**Sponsorship  
deadline:**

March 31, 2023

**After March 31:** \$35



**LIVE MUSIC!**  
**Donny Brang**



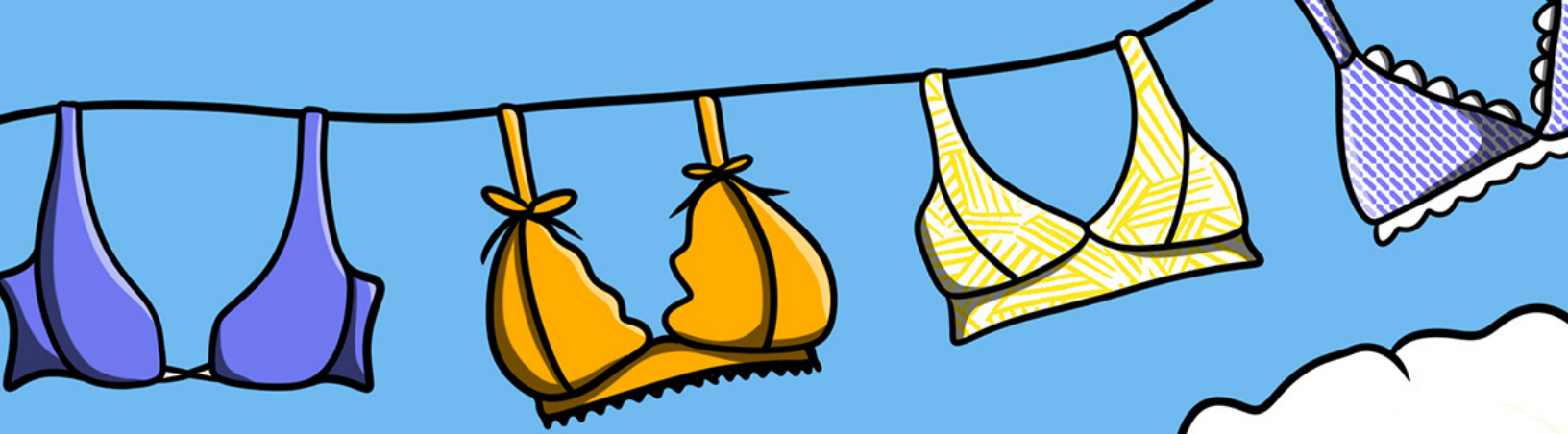
**SNACKS & BEVERAGES  
PROVIDED**



The 2 teams that raise the largest total donation will win a \$500 certificate at either Bad Habit Brewing Company or Blacklight Adventures. A minimum of \$1000 donation raised under one team name is required to qualify.

CALL US (320) 251-5009

EMAIL [info@sheardynamics.biz](mailto:info@sheardynamics.biz)



**JULES' BISTRO  
THURSDAY NIGHTS IN  
MARCH 5-7PM**

**LET'S LIFT UP THE  
LADIES**

**MARCH IS WOMEN'S HISTORY MONTH**

**It's the perfect time to gather our community together in support of women, especially those in need. According to the staff at Anna Marie's Alliance, undergarments -- specifically new bras -- are one of the most immediate needs for women at the shelter.**

**LET'S LIFT UP THE LADIES**

**Throughout the month of March, Jules' Bistro -- with support from other Central Minnesota businesses -- will be campaigning for {NEW} bras and creating opportunities for conversation among men and women who wish to encourage, inspire and lift up the ladies in our community.**

**OOOOOH SNAP!**

**We bet you're wondering about the cost. Thanks to our generous partners, your food and drinks at this social hour are *FREE WITH YOUR DONATION OF AT LEAST ONE {NEW} BRA*. Don't agonize over size and style. Women come in all shapes and sizes and with all sorts of preferences around a necessary undergarment that can make us feel playful, empowered, beautiful, supported, protected. Buy a bra that works for you...and it will most definitely work for someone else.**

**WE WILL BE ATTENDING THE MARCH 16th EVENT FROM 5-7  
BUT YOU ARE ENCOURAGED TO GO TO WHICHEVER THURSDAY IN  
MARCH WORKS BEST FOR YOU!**



**ZONTA**  
INTERNATIONAL  
DISTRICT 7  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

## TRIVIA NIGHT



Gather friends and join Zonta Club of Minneapolis St Paul Area for a fun-filled night of **feminist trivia!** The evening will benefit **scholarships for women and girls**, local service programs that focus on **improving the status of women**, and Zonta International service initiatives.

Ticket includes food and one beverage. Additional food and drink available for purchase. **Bring cash** to participate in **raffles** and buy trivia **hints!**

**March 28, 2023**

**Urban Growler Brewing Company**

2325 Endicott Street

St Paul, MN

**Barrel Room**

6:00 - 8:30 p.m.

Doors open 6:00 p.m.

Trivia begins at 6:30 p.m.

Tickets: \$35 per person

[www.eventbrite.com/e/532702677047](http://www.eventbrite.com/e/532702677047)

Or "Feminist Trivia" on Eventbrite

If unable to attend, please consider making a donation.

More information about Zonta Minneapolis St. Paul Area can be found at [www.zontaminneapolis.org](http://www.zontaminneapolis.org).

Zonta recognizes Urban Growler Brewing Company for their partnership and in-kind contributions toward this event.





# BISMARCK, ND ZONTA AREA 1 + 3 MEETING

**ZONTA SAYS NOW: What's climate got to do with us?**  
**ZONTADISTRICT7.ORG**

## APRIL 28, 2023

Tour North Dakota's Gateway to Science  
Laughing Sun Brewing Dinner & Axe Throwing

FRIDAY  
ACTIVITIES

## APRIL 29, 2023

Tania Hughes-Kremers Governor's Report  
Zonta Foundation Report, Bountiful Baskets, provided by Area 1 & 3 Clubs  
D7 Membership Growth & Club Creation Update  
Marketplace for Clubs  
Climate Change 101: What is Zonta Says NOW

AND Guest Speaker Shelly Lenz on Sustainability  
Brainstorming & Recap on Membership Growth & Sustainability

SATURDAY

# Zonta Club of St Cloud Treasurer's Report Period Ending Feb. 28, 2023

<b>Balance 1/31/2023 checking account</b>	<b>\$ 20,889.33</b>
<b>Receipts</b>	
Advocacy Dance for our stars venmo	\$ 58.76
Change 4 Change	\$ 23.17
Marketplace	\$ 60.00
Interest Feb	\$ 3.94
	\$ -
	\$ -
<b>Total Receipts</b>	<b>\$ 145.87</b>
<b>Disbursements</b>	
	\$ -
<b>Advocacy Sponsor Walk Together</b>	<b>\$ 500.00</b>
	\$ -
<b>Total Disbursements</b>	<b>\$ 500.00</b>
<b>Balance 2/28/2023 Checking account</b>	<b>\$ 20,535.20</b>
<b>SAVINGS ACCOUNT REPORT</b>	
<b>BALANCE ON 1/31/2023</b>	<b>\$ 31,314.80</b>
<b>Interest Feb</b>	<b>\$ 24.02</b>
<b>Balance 2/28/2023 Savings account</b>	<b>\$ 31,338.82</b>
<b>Total Accounts</b>	<b>\$ 51,874.02</b>