

THE ZONEWS

JULY 2022
Volume No 46, NO 1



ZONTA CLUB OF ST. CLOUD

Board of Directors- FY 2023

- **President:** Laurie Ann Oppel
- **Vice President:** Veronica Villeneuve
- **Treasurer:** Kati Blum
- **Recording Secretary:** Mary Nimmerfroh
- **Communications Secretary:** Rachel Thompson
- **Board Members- 2nd term**
 - Maggie Brossoit
 - Mary Robak-Saari
- **Board Members - 1st Term**
 - Belinda Ryan
 - Mary Garding
- **Past President:** Joal Peitz



NOTICE:

All Zonta Stationery and envelopes are now being stored with the Recording Secretary -- if anyone needs any, please contact Mary Nimmerfroh: Mary.psn19@gmail.com

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CALENDAR OF EVENTS



July 30 – World Day Against Human Trafficking

August 4 – Board Meeting -- meet at Anna Marie's

August 4-5 – Anna Marie Alliance Garage Sale 9-3 on Thursday, 9-1 on Friday

August 7- KAYAKING FOR A KAUSE!

August 11 – Business Meeting – Location TBD

August 16 – Anna Marie's Alliance Fundraiser "Creating Hope Chef's Gala" Riverside Terrace at the Clearing, Sauk Rapids 5:30-8:30 pm

August 26 -- Women's Equality Day (commemorates the passage of the 19th Amendment to the US Constitution granting the right to vote to women)

September 1 – Board Meeting

September 8 – MN Women's Suffrage Day (League of Women Voters mark this date)

September 15 -- Terebinth Refuge fundraiser 7:30 – 9 am Park Event Center

September 8 – Business Meeting

September 8 or 9 – Welcome back social TBD

September – Take Back the Night TBD

September – Service Project – Cook at Anna Marie's TBD

Month of October – Domestic Violence Awareness Month (Color is purple)

October 6 – Board Meeting

October 11 – International Day of the Girl Child

October 13 – Business Meeting,

October – Mid MN Legal Aid Fundraiser TBD

October 26 – Anna Marie Breakfast – fundraiser – The Park Event Center 8-9 am

October 27 – Zonta Evening Speaker Meeting/Membership Drive – TBD

Month of November – EVERY MEMBER, EVERY NOVEMBER CAMPAIGN

November 3 – Board Meeting

November 8 – ZI 103rd anniversary

November 10 – Business Meeting, Anna Marie's Center for Family Peace TBD

November 11 – Zonta St Cloud 72nd anniversary --

November 18, 19 – Christmas House

November 25 – December 10 – 16 Days of Activism

December 1 – Board Meeting

December 8 – Holiday Social TBD

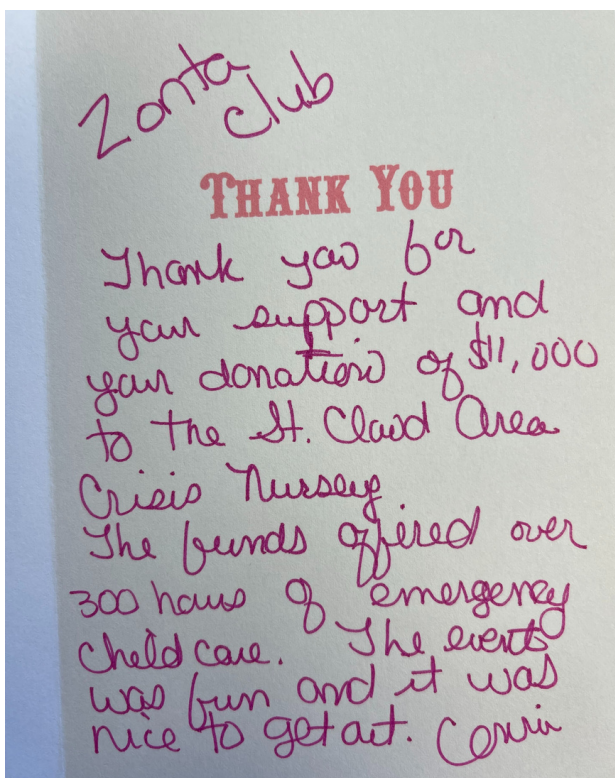
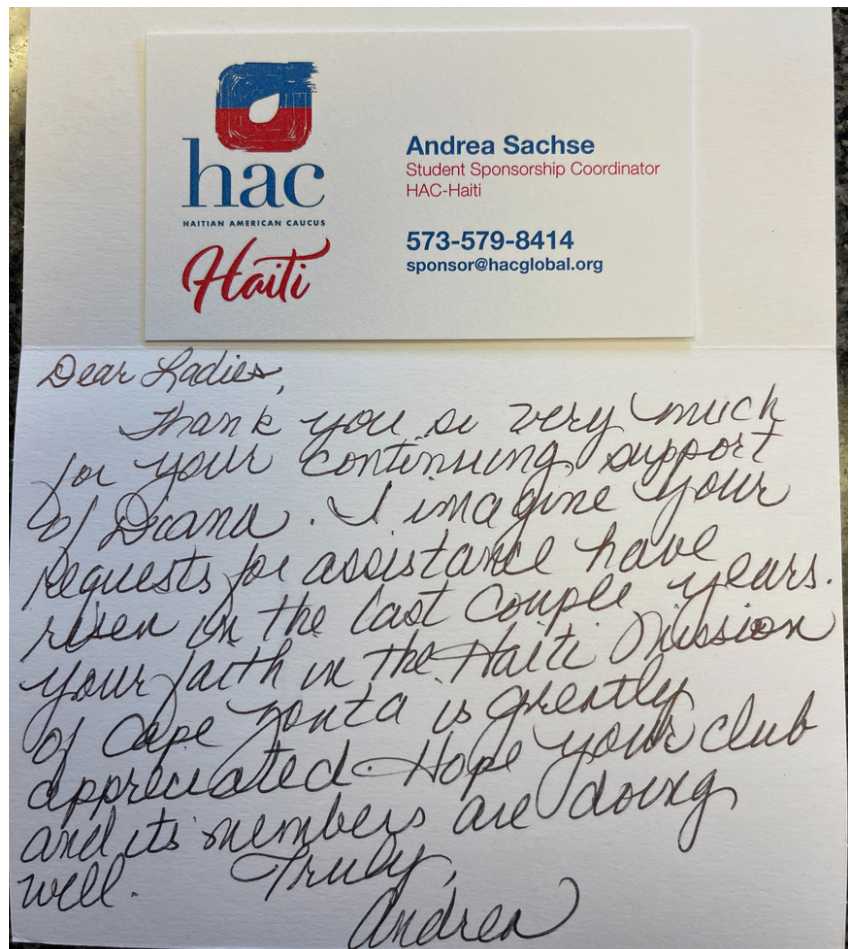
December 10- Human Rights Day

Month of January – Human Trafficking Prevention Month (Color is Blue)
January 5 – Board Meeting
January 11 – Human Trafficking Awareness Day
January 11 – Amelia Earhart Day
January 12 – Business Meeting
February 2 – Board Meeting
February 11—International Day of Women & Girls in Science (STEM)
February 9 – Business Meeting
February 13, 15 or 16 – Advocacy/Service Social & Fundraiser
February 17 – Random Acts of Kindness Day
March 2 – Board Meeting
March 8 – International Women’s Day, #Zonta Rose Day Every Rose
Day/March, acknowledge and honor our members Also Commission on the
Status of Women scheduled annually for March
March 9 – Business Meeting
March ?? – Service Project – Cook at Anna Marie’s
April 6 – Board Meeting
April –Area Meetings
April 13 – Business Meeting
April –A Walk Together: Unite Against Sex Trafficking
April 26 – Denim Day (A visible means to protest against the misconceptions
of victim blaming and destructive myths that surround sexual violence)
April 20 or 27 – Evening Speaker Meeting
May 4 – Board Meeting,
May 11 or 18 – Annual Meeting TBD
June 2023 – Zonta Inter-District in Indianapolis, IN

CLUB UPDATES



DONATION THANK YOU NOTES



Zonta,
Thank you so much for your amazing donation!
Your donation will greatly impact our victim/survivors.
We are so grateful for you!!

Thank You! - Central MN
Sexual Assault
Center



A Shelter for Hope and Healing

110 2nd St. S. Ste 231 | Waite Park, MN 56387

TerebinthRefuge.org | 320.828.7721

May 23, 2022

Zonta Club of St. Cloud
PO Box 7453
St. Cloud, MN 56302

Dear Friends,

Thank you for being part of the Terebinth Refuge community. We are grateful for your ongoing commitment to help women rebuild their lives with hope and dignity after surviving years of abuse and exploitation.

We received your very generous donation of gift cards from Walmart, Target and Visa, along with \$60 cash on 5/23/2022. What a blessing! **With God's provision and your amazing support, in 2021 we offered assistance and resources through 104 crisis calls and provided direct comprehensive services to 32 women and 3 children who walked through our door.** Together, we are making a real difference in the lives of women seeking our help.

If you have any questions or would like more information, please call Kim at 320-828-7721 or email her at office@terebinthrefuge.org.

We appreciate your partnership and compassion for the women we serve. Our ministry would not be possible without you. We pray God's blessings for you and your family.

With deepest gratitude,

Cynthia (CeCe) Terlouw-Kvistad
Founder and Executive Director
Terebinth Refuge
www.terebinthrefuge.org

Terebinth Refuge is a 501c3 Non-Profit Corporation and this letter can be used as a tax-deductible donation receipt. There were no goods or services provided as part of this donation. For in-kind donations it is the responsibility of the donor to provide value. EIN Number 81-3807059



A Shelter for Hope and Healing

110 2nd St. S. Ste 231 | Waite Park, MN 56387
TerebinthRefuge.org | 320.828.7721

5.6.22

Zonta Club of St. Cloud
P.O. Box 7453
St. Cloud, MN 56302-7453

Dear Zonta Club and Zontians,

I would like to express my sincere gratefulness to you for again selecting Terebinth Refuge as recipients of your grant funding of \$2,500! We are so thankful for the on-going support we receive from the local Zontians! Your partnership over the years has truly helped us in so many tangible ways! We are very grateful for this support that continues help us to accomplish important goals and needs as we serve the women in our care.

We are so honored and truly enjoy being community partners with Zonta Club of St. Cloud to provide the holistic services as we further the healing in the women we serve! The events have been quite enjoyable and I look forward to sharing in future meetings about the successes that are accomplished!

Warm Regards,

A handwritten signature in black ink that reads "CeCe Terlouw-Kvistad".

Cynthia (CeCe) Terlouw-Kvistad
Founder and Executive Director
Terebinth Refuge



Lutheran
Social Service
of Minnesota

June 17, 2022

Zonta Club of St. Cloud
PO Box 7453
Saint Cloud, MN 56302-7453

Dear Zonta Club of St. Cloud,

Together, we are neighbors helping neighbors. Thank you for your generous gift to support the services of Lutheran Social Service of Minnesota (LSS).

2485 Como Avenue
St. Paul MN 55108-1445
651.642.5990
Fax 651.969.2360
www.lssmn.org

Your contribution of **\$1,000.00** was received on **6/10/2022**. This letter may serve as a receipt for your gift, which is tax-deductible as allowed by law.

From adoption and foster care to shelter and safety for youth experiencing homelessness to support for people with disabilities to nutritious, home-delivered meals for older adults, LSS impacts 1 in every 65 Minnesotans. I invite you to learn more about our services and see how your generosity is already inspiring hope, changing lives, and building community at lssmn.org.

With gratitude,

Jesse M. Stremcha
Vice President & Chief Development Officer

P.S. Thank you so
much to Susan Vogtitz
for being so kind
and welcoming! She
made me feel so
comfortable meeting
everyone!

Zonta Club-
I wanted to reach out
and express my sincere
appreciation and gratitude
coming to the Zonta Club
meeting & listening to
other strong, determined
women making a difference
was so encouraging!
Thank you for the Jane
M. Klausman Scholarship
receiving this award
has taken stress away
from the financial portion
of some of my schooling
and I'm so grateful! Thank
you!! Caity Blankenhagen



June 28, 2022

Zonta Club of Saint Cloud
P.O. Box 7453
Saint Cloud, MN 56302

Dear Zonta Club of St. Cloud,

Thank you for your generous donation to Anna Marie's Alliance.

Last year, our 36-bed shelter housed 188 women and 175 children. Thanks to your support, we are able to house and feed our residents, answer crisis calls, and respond to victims 24 hours a day.

At the shelter, we provide residents with physical and mental healthcare, childcare, transportation, and various other services to meet their basic needs and help them as they transition out of our facility and into new homes.

In the community, Anna Marie's provides programming for youth and works to raise awareness about domestic violence.

Your investment has a positive and immediate impact on our vision to create a community where violence is not tolerated.

Please contact me with any questions you may have.

Warmest regards,

Charles A. Hempeck

Charles A. Hempeck
Executive Director
CharlesH@annamaries.org
(320) 251-7203

*I hope you all are
having a great summer!*

Anna Marie's Alliance is a 501(c)(3) nonprofit organization. Your donation of \$3550.00, received on 06/28/2022, is tax deductible to the fullest extent allowed by law. This letter serves as a receipt for tax purposes. We acknowledge that no goods or services were provided to you as a result of this contribution.

P.O. Box 367, St. Cloud, MN 56302 | 320-251-7203 | www.annamaries.org

Monday June 13, 2022

Kristen O'Brien
612 Lance Ave
Foley, MN 56329

Dear the Zonta Club of St. Cloud,

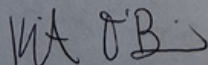
Thank you so much for awarding me with the 2022 Women in Science, Technology, Engineering and Mathematics Scholarship! This will help me a substantial amount when it comes to funding college. As somebody who has worked consistently since turning 16 in the hopes of easing the financial burden of future schooling, this award surely helps me a great deal, and I cannot thank you enough for it.

I have grown up in the small town of Foley, MN where we have one school district with all three schools (elementary, middle, and high) connected to each other. It has been a wonderfully kind community where everybody seems to know each other. While in high school I have been involved in Minnesota Honor Society, Student Council, Band, Big Brothers Big Sisters, Conservation Club, Knowledge Bowl, and Class Officers. I have also been involved in tennis and softball, both of which I was a captain my senior year. I greatly appreciated every opportunity to become an involved student while in high school, and hope to continue to be involved in activities and organizations throughout my college career as well.

I had always seen college as a big part of my future, but I knew I had a lot to figure out before I could get to that point. This included many decisions such as what I was looking for in a college and, more importantly, how I would pay for college. I knew that I would have to work hard during my senior year of high school to pay attention to scholarship opportunities, and because of those opportunities I am beginning to be more excited for my future education rather than nervous about the financial side of things. Thank you so much for helping to ease that burden! I will be attending college at the University of Wisconsin-Eau Claire and plan to major in biology. I am so excited to study science and research areas of interest throughout my college career and fuel my passion for the subject. An education from the University of Wisconsin-Eau Claire will help educate me on important topics and nudge me closer to my goal of helping to make the world a better place.

Thank you again so much for the opportunity to be awarded this scholarship. I am so excited to continue my education and appreciate your contribution to my schooling immensely.

Sincerely,



Kristen O'Brien

Dear Zonta Club,

Thank you so much for awarding Kristen the STEM scholarship. Kristen is very passionate for science, math, and women's rights, so this fits perfectly for her. Once again, thank you for the scholarship and for inviting us to your meeting.

Sincerely, Colleen O'Brien

DISTRICT 7 ATTENDEES AT CONVENTION



Linda Frasier Jacobson
Mary Reed
Shelley Schultz
Sue Keirstead
Sue Dege



Sarah (Glennys Daughter) Laurie Oppel,
Deb Kellerman
Hannah Wandersee (Deb's daughter),
Glenny Olfuson



Sue Dege
Sue Keirstead
Gayle Borchert
Shelley Schultz

Linda Frasier Jacobson
Tania Hughes-Kremers (incoming governor)
Shelley Schults
Sue Keirstead
Sue Dege
Gayle Borchert



KAYAKING FOR A KAUSE

WE NEED YOUR HELP!

REGISTRATIONS

SILENT ACTION ITEMS!

CONTACT SUE DEGE WITH AUCTION ITEMS & USE THE PAPER
REGISTRATION BELOW TO REGISTER FOR KAYAKING OR
VISIT OUR WEBSITE FOR ONLINE REGISTRATION

Visit ZontaStCloudMN.org or scan:



Follow us on Facebook
and Instagram at

"Zonta St. Cloud"

Share your photos and
experiences of the day!

**Registration is
open until event
is full!**

KAYAKING FOR A KAUSE

ZONTA CLUB OF ST. CLOUD

August 7, 2022

\$95/PERSON

Registration includes: equipment rental (watercraft, lifevest, paddles), instructions, event hat/patch, boxed lunch & transportation to launching point.

Children 12 and under are free, but will not receive a hat or lunch (available for purchase) and will need to ride in a canoe with an adult.

Name: _____

Email: _____ **Phone:** _____

☐ **I've Kayaked with you before! Keep the hat, I'll take a 2nd Timer patch to add to my hat from last year!**

☐ **Morning Wave (10:30am-noon)*** ☐ **Afternoon Wave (12:30-2:00pm)****

***Please arrive 30 minutes before Morning Wave to sign your waivers, get your equipment, and load the van for transportation to launch. Lunch will be available after your trip!**

****Please arrive at 11:30am for Afternoon Wave for lunch before your trip, to sign your waivers, get your equipment, and load the van for transportation to the launch.**

WATERCRAFT SELECTION

☐ **Single Kayak (1 person)**

☐ **Double Kayak (2 person)**

Partner's name: _____

☐ **I plan to bring my own equipment (Cost: \$90/person)**

☐ **Canoe (accommodates up to 3 adults or 2 adults with 2 children)**

of Adults: _____ **Children:** _____ **# of additional lunches (+ \$12 ea):** _____

Names of all additional riders: _____

**PARKING, REGISTRATION, INSTRUCTIONS, AND FESTIVITIES WILL BE HELD AT
CLEAR WATERS OUTFITTING: 100 Pine Street, Clearwater, MN 55320.**

Boxed Lunch options: # of Ham: _____ **# of Turkey:** _____ ☐ **Make Mine Gluten Free!**

Sweet treats will be available for purchase on-site. We will also have a silent auction!

\$95 x _____ + _____ = _____
(\$90 for BYO kayak) # of adult paddlers Extra lunches (\$12 ea.) or optional donations Total

Checks Payable to: Zonta Club of St. Cloud

Please include your name and "Kayak for a Kause" on your Check

Mail to: Zonta Club of St. Cloud, PO Box 7483, St. Cloud, MN 56302

Proposed Budget for 2022-23

Operations Revenue

\$1,700

(Allocation approved at Board/Business Meetings, April 2022)

Dues (\$25 local dues for operations) Rest are an in and out to D7 and ZI (\$25x35) **\$875 (est.)**

Expenses/Expenditures

2021-22 Budget

Spent

2021-22 **Budget for 2022-23**

Finance Committee Recommendation

Dues – ZI

Dues -- D7

Membership \$250 \$392.40 **\$400**

Advocacy \$500 \$1,420* **\$500**

*Walk to Remember sponsorship Oct & April, \$420 raised in February and expended

Service \$300 \$ -0- **\$200**

Meeting \$500 \$116.16** **\$300**

**Expenses \$997.15, offset by \$100 park use refund & \$781 revenue/meeting charges

Memorials \$-0- \$100 (misc) **\$-0-**

CH/Shop Hop

Has \$1000+ in reserve

Golf

Has \$500 in reserve

Convention/Conference/International \$-0- \$480*** **\$500**

2021 budget error, allocated none for area/district or inter-district expenses;

\$480 was taken out of reserves

Supplies/Postage \$300 \$234.23 **\$300**

ZoNews (eliminate as a line item) Moved to be a miscellaneous expense

Website/Social Media \$400 \$211.14 **\$400**

Tax Prep/Legal \$500 \$-0- **\$500**

Miscellaneous \$150 \$187.90 **\$200**

TOTAL

\$3300

Difference

\$725 (needed from reserves, est.)

(\$3300 less \$1700 less \$875 est. = \$725)

Currently have 39 renewals, including the new members

Approved at April Board meeting

Approved at May Annual Meeting

Treasurer's Report ending May 31, 2022

Balance 4/30/2022 checking account 7,037.19

Receipts

Change for change	10.26
from savings to checking for local charities	8,050
Interest May	0.11
Membership dues recd	1,198
Marketplace	60
membership	33.5
Annual Meeting	675
Speaker Meeting	54
annual Meeting fund raiser	292
Total Receipts	10372.87

Disbursements

Supplies cc fees working on reversal	25
membership	45.9
Shop hop postage	15.08
Speaker Meeting	44.28
Advocacy ZI Rose fund annual meeting fund raiser	292
ZI dues paid	790
Local charities Terebinth,CMSAC,	3,500
Scholarship	1,000
Annual Meeting President gift ZI donation	25
Total Disbursements	5,737.26

Balance 5/31/22 checking account 11,672.8

SAVINGS ACCOUNT REPORT

BALANCE ON 4/30/2022	35,918.63
Interest May	0.24
from savings to checking for local charities	-8,050

Balance 5/31/22 Savings account 27,868.87

Total Accounts 39,541.67

Balance	5/31/2022 checking account	11,672.8
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Receipts

Marketplace	30
Interest June	0.08

Total Receipts	30.08
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Disbursements

Charities local	5,000
CC fees	25
Scholarship	1,000
D7 dues	1,020
Annual meeting reimbursement	500

Total Disbursements	7,545
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Balance 6/30/2022 Checking account	4,157.88
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SAVINGS ACCOUNT REPORT

BALANCE ON 5/31/2022	27,868.87
Interest June	0.23

Balance 6/30/2022 Savings account	27,869.1
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Total Accounts	32,026.98
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